

FREE WRITING GUIDE 2026

The Jenni Toolkit

A practical guide to drafting academic papers faster with AI — autocomplete, source-linked citations, and a safer workflow that catches AI citation errors before you submit.

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<https://jenni.ai/?via=bqt>

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Why Jenni — Breaking Through Writer's Block

Staring at a blank page is the single biggest time-sink in academic writing — not the research itself, but the moment of turning notes into a first sentence. Most students lose more time to this stall than to any single piece of analysis.

Jenni is an AI writing copilot built specifically for essays, research papers, and theses: it autocompletes your writing in your own voice as you type, and keeps citations linked to your sources rather than making you add them after the fact.

5M+

Academics worldwide

15M+

Papers written on Jenni

2019

Founded, bootstrapped, no VC funding

WHO THIS GUIDE IS FOR

Students and researchers who want to draft faster without losing control over what actually gets claimed in their own paper.

This guide walks through every core feature, then puts one page — page 9 — before anything else in importance: a real, recurring accuracy issue you need to know about before you rely on this tool for a real submission.

Getting Started — The Jenni Editor

Jenni runs as its own web-based document editor (not a Word add-in) — you write directly inside it, upload source PDFs to a per-document library, and export the finished draft when done.

What the Free plan actually gives you

	Free	What it's enough for
Autocompletes	10/day	Testing the workflow on one real section
PDF uploads	10 total	A small source library for one paper
AI Edits / Chat	3 / 5 per day	Light editing on a single draft

First 10 minutes: a concrete starting checklist

- Start a new document and upload the 2-5 sources you already know you'll cite before writing a word.
- Draft one paragraph using autocomplete, accepting suggestions a clause at a time rather than a full paragraph at once.
- Try one AI Edit command ("Fix Flow Issues") on a rough sentence to see how much it changes vs. how much it preserves your voice.
- Ask Chat with Your Sources one specific question before writing that section, to see whether it saves real time over re-reading the PDF yourself.

AI Autocomplete

As you type, Jenni suggests how to continue the sentence or paragraph, tuned to sound like your own writing rather than generic AI prose. The suggestion appears inline and can be accepted, edited, or ignored without breaking your typing flow.

<p>YOU TYPE</p> <p><i>"The results of this study suggest that"</i></p>
<p>JENNI SUGGESTS</p> <p>...the intervention had a measurable effect on retention, consistent with prior findings.</p>

How to use it well

- Accept suggestions a clause at a time rather than a full paragraph at once — it's much easier to catch a suggestion that drifts from your actual argument before it compounds across several sentences.
- Use it most heavily in sections where the structure is predictable (methods, related work) and rely on it less in sections making your core original argument.
- If a suggestion introduces a claim or number you didn't provide, treat that as a hard stop — verify before accepting, every time.

Smart Citations

Citations stay linked to the exact source and page as you write, across 10,000+ formatting styles, so reformatting for a different journal or professor's requirement is a style-switch, not a rewrite.

Practical workflow

- Upload sources to the document library before writing so citation suggestions can reference them accurately.
- When switching citation style (e.g. after a supervisor requests a change), reformat the whole document in one pass instead of editing entries individually.
- Treat every suggested citation as a draft, not a fact — verify against the actual source before submitting (see page 7 for why this matters more than it sounds).

Chat with Your Sources

Ask questions directly against the PDFs you've uploaded to pull a specific fact, quote, or figure without re-reading the whole document.

TRY ASKING

"What was the exact sample size in the source I uploaded on cognitive load theory?"

WHAT YOU GET BACK

n = 87 undergraduate participants, reported in the Methods section — quoted directly from your uploaded source.

- Use it to pull a specific number or quote instead of scrolling back through a long PDF mid-draft.
- Cross-check the answer against the actual page it cites — this is faster than reading the whole paper, but still requires the same verification habit as any AI-sourced fact.

AI Edit Commands

Highlight a passage and apply a named edit command — fix flow issues, adjust tone, tighten wording — instead of manually rewriting the passage yourself.

Where it earns its keep

- Run "Fix Flow Issues" on a paragraph you wrote in a rush before your final read-through.
- Use tone adjustment when converting a casual first-draft section into formal academic register.
- Re-read anything Jenni edits for you before accepting — edits can occasionally alter meaning, not just phrasing, especially in dense technical sentences.

The Citation Trust Problem

This is the most important page in this guide, and it's placed here deliberately — before pricing, before the workflow, before anything else that might make it feel like an afterthought.

Multiple independent user reviews report Jenni occasionally generating citations or source claims that don't actually exist, or don't say what's attributed to them. For an academic tool, this is a serious, material issue — not a minor UX complaint.

NON-NEGOTIABLE RULE

Open every single suggested citation's actual source and confirm the quote, statistic, or claim is really there before submitting. Never trust a citation because it's formatted correctly — formatting and accuracy are two completely different things.

This doesn't mean the tool isn't useful — it means treat it like a fast first-draft assistant with a mandatory human fact-checking pass required afterward, the same way you'd treat a junior research assistant's first draft: useful, fast, and still your responsibility to verify.

A simple verification habit that works

- Keep a running checklist of every citation in your document as you write, not just at the end.
- For each one, open the actual source PDF and confirm: does this page actually say what my sentence claims it says?
- Only mark a citation as "done" after that check — a correctly-formatted citation is not the same as a verified one.

A Safer Drafting Workflow

Step	What to do	Feature used
1. Load sources	Upload every source you plan to cite before writing.	Document library
2. Draft	Move through the first draft quickly, accepting a clause at a time.	AI Autocomplete
3. Edit	Apply AI Edit commands to rough paragraphs.	AI Edit
4. Verify citations	Open every cited source and confirm the claim is actually there.	Manual — see page 7
5. Export	Export the full document once every citation is human-verified.	Document export

Free vs Plus vs Pro — When to Upgrade

	Free	Plus	Pro
Price	\$0/mo	\$12/mo	\$29/mo
Autocompletes	10/day	5,000/mo	Unlimited
PDF uploads	10 total	Unlimited	Unlimited
AI Edits / Chat	3 / 5 per day	500 / 500 per mo	Unlimited
Support	Limited	Live chat	Priority

The free plan is enough to test the workflow on one real section. Upgrade to Plus once you're drafting full papers regularly and hit the daily autocomplete limit — Pro mainly matters if you're writing multiple long documents in parallel.

Common Mistakes First-Time Users Make

- **Accepting large autocomplete blocks unread.** A clause at a time is slower but catches drift before it compounds across a paragraph.
- **Trusting a citation because it's formatted correctly.** Formatting accuracy and factual accuracy are unrelated — verify both, separately.
- **Skipping the verification pass to save time before a deadline.** This is exactly when fabricated citations are most likely to slip through unnoticed.
- **Using Jenni to generate claims about data you haven't analyzed yourself.** Draft structure and phrasing, never the underlying finding.
- **Assuming free-tier limits reset instantly.** Plan your daily autocomplete/chat usage around the daily reset if you're on the Free plan during a deadline crunch.

Quick Reference

- **Blank page, stuck?** → AI Autocomplete, accept a clause at a time
- **Need a fact from a source?** → Chat with Your Sources
- **Rough paragraph?** → AI Edit → Fix Flow Issues
- **Before you submit anything** → Verify every citation against its actual source (page 7)

READY TO START

Try Jenni free: <https://jenni.ai/?via=bqt>

This guide is independent educational content and contains an affiliate link — if you sign up through it, we may earn a commission at no extra cost to you. Feature names and pricing reflect Jenni's public information at time of writing and may change.